

Women's Ways

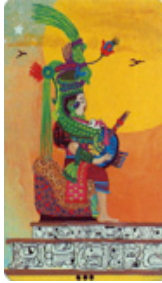
is a series of workshops designed by Rose Thunder Eagle which relate to the different phases and themes of women's lives.

Powerful shamanic knowledge as thought by the 'Matriarchs of the Twisted Hair Council of Elders' awakens memory in us and helps us to reclaim our feminine power.

It is knowledge that very much applies to us 'modern women' and the time and environment we live in today.

Each seminar will give us practical knowledge, tools and understanding we can continuously use in our daily life.

The creation of a personal 'Womb Bundle', shamanic techniques and ceremonies and a special sweat lodge for women will help us to experience the magic of physically integrating this knowledge, regain our power and use it to live life in health, hope, happiness, humor and harmony.



'Red Mist'

The Alchemy of the Female Cycle



This workshop is essential for all women who have started their moon cycle, who are still bleeding and want to tap into and use the tremendous power and beauty of being a woman.

Within our physical womb space lays the magic of renewal – giving death and birthing life – the key to the mystical power of the 'Red Mist'.

The teachings of the 'Moon Kiva Lodge' as taught by the Matriarchs of the 'Twisted Hair' allow us to step into a new and direct understanding of the blood-mysteries of our cyclic moon flow. This enables us to experience a level of connectedness with self, life and others mostly unknown in our culture.

In understanding and honoring the gifts of our female body and its creative power we find the awareness to unlock our mystery. We are able to take responsibility and stand accountable for what and who we are...

'A Woman of Power'.

The Marriage Basket

The Spirit Womb –
the Key to Birthing Ourselves



The female womb space is an energetic replica of the life producing forces of the universe. The Matriarchs call our womb space the 'Marriage Basket'.

It is the source of our creative and regenerative powers as well as of our inner knowledge. They know it as the feminine source of centeredness and connectedness to Self, Life and Others.

They understand it to be the 'Vessel of Magical Birth', the birth of the female self in all its reflections.

They teach us about the mystery not only of giving life to physical children but also of birthing ourselves into all reflections of our highest potential as women. They show us ways to create a life that is rich and full of purpose.

The wisdom of the Elders is ancient, it works, and it is practical.

We will learn to understand and use our own true intuition and mysteriousness, access our unlimited potential of creative force and find successful solutions to the challenges of life.

We will gain understanding of the alchemy and patterns of creation and thus enable ourselves thru integrated knowledge to support our loved ones, our career and to actualize our desires and dreams.

'Be a Mother to Life'.



Womb Space - Sexuality and Dreaming

Manifesting Dreams and
Intentions

The Matriarchs gift us with their knowledge and challenge us to realize the connection between our natural female sexuality, the power of our conscious dreaming, and of the 'wholeness' or birthing power of our womb space.

Our sexual freedom and the strength of our sexual connection to self, life and others is the measure of consciousness, maturity and mastery of our awake and asleep dreaming.

Teachings on different levels of dreams, and techniques to strengthen the art and recall of dreaming allow us to realize the multiple facets of our matrix.

Our sexual energy and our dreaming are our catalyzing powers, and the womb space is the cradle. The more a woman's womb is 'awakened' the more she is able to live a fulfilled, aware and vital life to the benefit of everyone.

The ancient teachings and practical tools the Grandmothers share with us lead us deeper into the exploration and integration of the power of our womb, our sexuality and our dreaming.

In this way we integrate a new level of honesty, healing and beauty. The mystery of creative force is pulsating in our womb...

'Everything is Born of Woman'.

Sacred Law

Closing the Rose

Menopause – the Time of
Changing Into Power



This empowering seminar is for women facing the 'Great Change' and for all those that are already in one of the 'four faces of menopause'.

The Matriarchs speak of this cycle as a most powerful opportunity to transform and discover our deepest innermost core, of gaining completion and maturation on all levels.

We will learn and apply ways of letting go and healing and gain tools that support us in birthing ourselves with harmony and humor into Menopause and to ride and enjoy the 'hot waves' of transformation.

They teach us to 'bundle our life force' in order to honor and harvest our life's wisdom as well as the sexual knowledge that we have gained and earned through-out a long lifetime.

This enables us to use these 'treasures' for the wellbeing of ourselves and for the next Seven Generations. This is a tremendous gift and a great challenge.

The wisdom of the Elders supports us in this adventure of change and assists us to successfully journey to the

'Woman of the Wise Blood'.